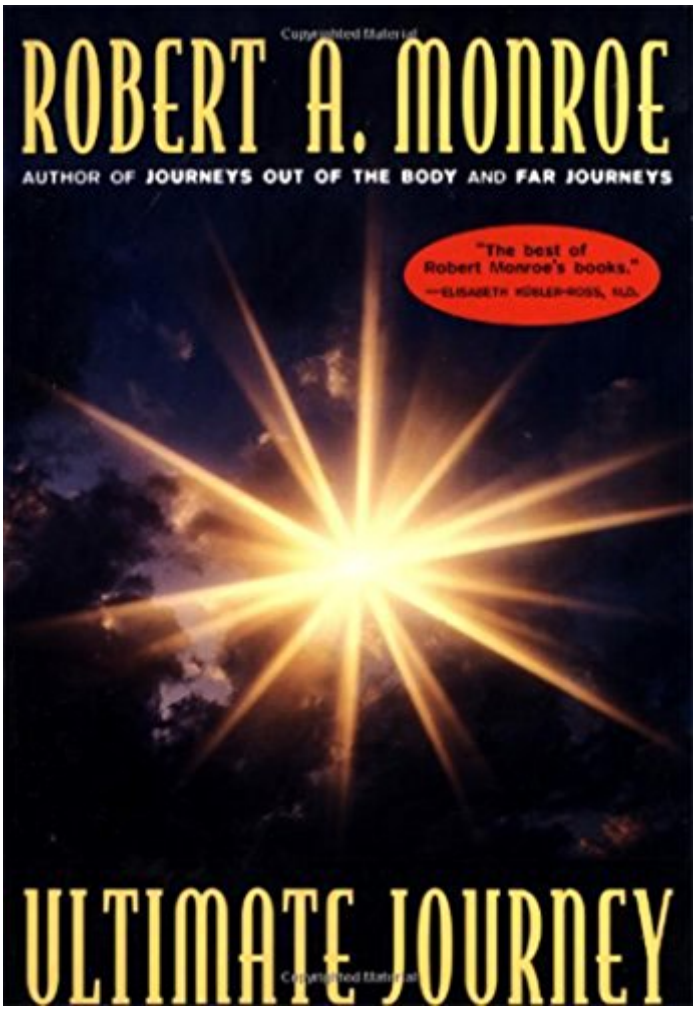
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The Ultimate Journey



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Synopsis

In 1958, a successful businessman named Robert Mornroe began to have experiences that drastically altered his life.Ã Â Ã Â Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbounded by life or death.Monroe recorded these experiences in two bestselling, landmark books, Journeys Out of the Body and Far Journeys.Ã Â Ã Â Ultimate Journey, his final and career-defining work, takes us further than we thought possible--and reveals to us what it all means. Ultimate Journey charts that area which lies "over the edge," beyond the limits of the physical world. It presents us with a map of the "interstate"--the route that opens to us when we leave our physical lives, with their entry and exit ramps, their singposts and their hazards.Ã Â Ã Â It also tells us how Monroe found the route and travelled it, and uncovered the reason and the purpose of this pioneering expedition.Ã Â Ã Â It is a journey that reveals basic truths about the meaning and purpose of life--and of what lies beyond.After six hardcover printings, the trade paperback edition of Ultimate Journey, will offer an even wider range of readers this exhilarating reading experience, the masterwork of one of the most daring and original thinkers and explorers of our time.

Book Information

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Customer Reviews

As an avid OOB traveler studying under a certain path for over 30 years, I grew restless for more--I longed to go past dogma, past 'religion', past 'spirituality' past all the hype and beliefs. I wanted to move PAST it all to see what is REALLY our there--without my 'belief blinders' on.THIS BOOK OPENED UP NEW VISTAS FOR ME. I will always be grateful to Robert Monroe for writing his experiences and leaving a road map so we can learn to move OOB with NO BELIEF SYSTEM or fears holding us back from true perception.**As to the review that states he had trouble understanding the terminology--THERE IS A DEFINITIONS PAGE IN BACK WHERE YOU CAN EASILY LOOK IT UP. That reader must have missed that or had an earlier edition that didn't have it maybe???Others in his shoes proclaimed themselves 'Masters' and started religions or 'new age' groups with them at the HEAD of course--bow down as thou cannot travel without MY PRESENCE...blah blah.He is a refreshing drop in the spiritual ocean, pure, with no ulterior motives, no selfish needs for adoration of the masses and no DESIRE to start a new religion.What he does explore, experiences and discovers he discusses without ego. What he is trying to do is get us over our FEARS and misgivings enough to TRY and follow in his footsteps--not as adoring masses but as EXPLORERS with his map in our hands, explorers to have our own experiences in our own right. What a breath of fresh air from every other book that tries to mak the oob experiencer above us, some sort of master, come thou lowly types and follow me...ad nauseum....I had never thought about TRAINING MY LEFT BRAIN as I always thought the RIGHT brain was the spirito-creative part of me. Well, that's right and then not...as he says, unless you TRAIN the left brain to RECALL clearly what the RIGHT brain experiences in these other states of reality--what good is it? If you cannot grow and apply it, it is useless. If you barely REMEMBER it--or get 'stuck' in spiritual belief systems so the experience has to conform to your beliefs for you to accept it---then that isn't truth either.It is truth for you if you accept it...BUT if you want REAL truth, drop belief, drop blinders, drop FEARS and GO yourself and get your OWN experience!!!***TIMELESS advice and I wish I had discovered him Waaay back! Guess I wasn't ready!A MUST READ FOR ANY PERSON INTERESTED IN OOB TRAVEL TO AVOID PITFALLS AND TRAPS OF OUR OWN MAKING ALONG THE WAY!Aloha

I had heard of Robert Monroe and the Monroe Institute a few years ago and researched the website. I put taking a Gateway Voyage class on my bucket list, but after reading this book I know that the GV class and ultimately the Lifeline class among others are a necessity in my life and much sooner than later. The way Robert describes his experiences is exciting, sobering, educational, and moving. One of the best books I've read in along time! I highly recommend it!

Strange stuff happened as I purchased this book. The book explained a lot. Thought I was going crazy, but pictures. So, this book was very helpful. Informed me about the Monroe Institute.

Another fascinating journey beyond the physical world. Sometimes strange but never boring. I read this between a couple of the 'Seth' books and much of it tied in, which I think strengthens the validity of the experiences. I'd recommend reading at least Far Journeys before this one though, for background.

Curiosity on Robert Monroe, was directly due to having his Gateway series. I wanted to understand what drove him, his mindset. Since starting the Ultimate Journey, I have not been able to put it down, and when I do, I am thinking about the content....could this be real....nah....but knowing that it was truly his experiences. Incredibly fascinating.Note: I have not read his previous 2 books he read.Cheers!

Our earth suit or body will return to the elements (dirt). However, our higher essence has its own path. Our essence is eternal (energy cannot be destroyed or created), it just is and Robert Monroe gives his perspective on the potential journey of his essence. Hopefully, this human existence will make promote a more peaceful journey of our life-force energy. Great book on the potentialities for our eternal existnece.

Anyone interested in out of the body experiences has to read Robert Monroe. Just make sure your seat belts are fastened and your chair is in an upright position. This is a real exploration.

Revolutionary research in out of body experiences and the soul. I highly recommend Ultimate Journey.

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